

Outdoor Activities

- \Box Hiking pants with zip-off legs
- □ Base layer (a.k.a. long underwear) Top and bottom
- □ Vest or Pullover Fleece or down
- □ Warm sweater
- □ Jacket Waterproof, breathable
- □ Hiking socks Non-cotton material
- □ Hiking shoes or boots Lightweight, good traction

Outdoor Gear

- □ Binoculars
- □ Travel umbrella
- □ Trekking poles
- □ Camera/Accessories Lenses, memory cards, etc.
- □ Insect repellant
- □ Sunscreen
- □ Motion sickness remedies
- □ Basic first aid kit

Around Town

- □ Bottoms Jeans, activewear pants
- □ Casual Tops T-shirts, sweatshirts
- □ Comfortable walking shoes
- □ Swimsuit and cover-up
- 🗆 Pajamas
- □ Undergarments
- □ Flip-flops

Accessories

- □ Thin gloves
- □ Lightweight, warm cap
- □ Brimmed hat
- □ Sunglasses
- \Box Scarf or neck buff
- □ Belt
- □ Daypack or tote bag
- □ Jewelry and scarves





